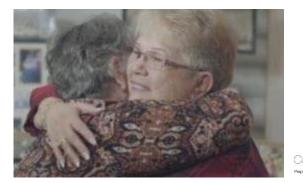
Do You Really Know Who You Are? Never Underestimate the Information from a DNA Test: Best Update from Previous Honey-Due Procedures!!

We all live in the 21st century with many benefits available in our lifestyle and in family history. Taking advantage of technology is equally as important because through it we can accomplish more family history than ever possible before. For example, I have been frustrated for the past 5+ years attempting to get my DNA to correlate with my deceased sisters. The problem is I am the oldest living descendants in my external family. DNA security is very strict in today's society. When my sister recently passed away the opportunity to find what genes she had that I didn't have were suddenly gone. Through the honeydew theory that I've espoused before in this Facebook group, I've gained a lot of cooperation and support from my sister's family and finally this past week, I was able to get access to the records that I needed so that my professional DNA specialists could come up with a neat report. The truth of the matter is, we came up with 11 pages of documentation that not only analyzed statistical data between my sister and I but also supported it with graphs and charts and even analysis of our chromosomes. Below is a quick summary of the DNA statistics between my sister and me.

Eastern European Lesser Poland Voivodeship, Poland Lviv Oblast, Ukraine +30 regions	90.0% 🗸	 Eastern European Lesser Poland Voivodeship, Poland Lviv Oblast, Ukraine +31 regions 	87
Southern European	8.5% ~	Southern European Greek & Balkan	11
 Greek & Balkan Bihor County, Romania +9 regions 	8.5% ~	Satu Mare County, Romania +9 regions	
Ashkenazi Jewish	0.6% ~	Spanish & Portuguese	0
Broadly European	0.3% ~	Ashkenazi Jewish Central & South Asian	0
Central & South Asian	0.6%	Central Asian, Northern Indian &	0.
Central Asian, Northern Indian & Pakistani	0.6% ~	Pakistani Central Asian	0
 Central Asian 	0.6% ~	Unassigned	0.

As you see, my ancestry roots are primarily in Eastern Europe and expanded to even include Central and South Asian of Northern Indian and Pakistani. Yes, we do live in a big, well-connected world.





For those of you needing a refresher course in DNA research, this Facebook group has an abundance of postings cited below for reference.

• <u>Honey-Due Stories: Work Best When Family Relations Are Not Going Your Way!</u>: or see July 3, 2020 posting

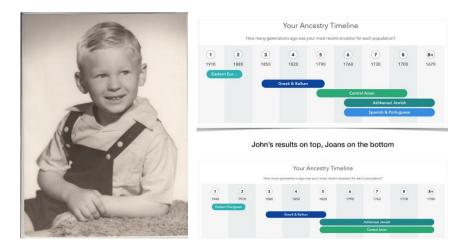
- Reliability of DNA Tests Featuring Diahan Southard: or see June 26, 2020 posting
- Learn from the Pros: <u>Reliability of DNA Tests by Diahan Southard (My DNA Guru)</u>: or see April 16, 2020 posting
- DNA Choices: Lakewood Workshop or 8 Self-Paced Tutorials!: or see October 5, 2010 posting
- Free DNA Workshop: Saturday, October 5th: or see October 3, 2019 posting
- DNA: Six Limitations & Building Your Confidence with DNA Testing: or see October 2, 2019 posting
- DNA: The Missing Link?!!!: or see October 1, 2019 posting



Haplogroup H

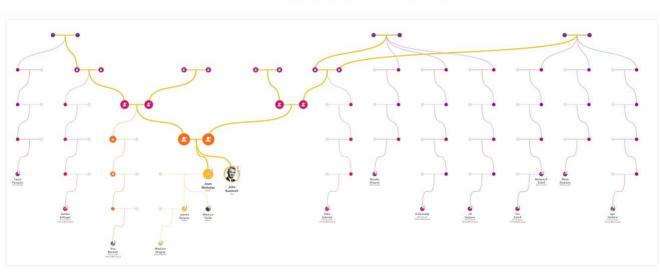
ID H MARK HAPLOCHOUP

Mitochondrial haplogroup H is a predominantly European haplogroup that originated outside of Europe before the last glacial maximum (LGM). It first expanded in the northern Near East and the southern Caucasus between 33,000 and 26,000 years ago, and later migrations from Iberia suggest it reached Europe before the LGM. It has also spread to Siberia and Inner Asia. Today, about 40% of all mitochondrial lineages in Europe are classified as haplogroup H.



Closing Comments

DNA can be a critical factor in genealogical pursuits. Believe or not, there are even a few faithful Foothills Ward Facebook group followers presently on whose DNA are closely aligned to mine. Someday, future research will surely tie us together which helps me pursue my most challenging family history pursuits with even more enthusiasm.



John and Joan's shared DNA matches